

# Healing inSPArations

805 E Cedar St. \* Angleton, TX 77515 \* 979-849-9009

## Client consent form

Required by the Texas Department of Health Services

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ CITY, STATE & ZIP \_\_\_\_\_  
HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_  
EMAIL ADDRESS: \_\_\_\_\_ DRIVER LIC# \_\_\_\_\_ STATE \_\_\_\_\_  
In Case of Emergency, notify: Name & Phone # \_\_\_\_\_

How did you hear about our office?  family,  friends,  Vision Mag.,  Phone ad,  Present Clients,  Website,  internet

ARE YOU A RETURNING CLIENT OR IS THIS YOUR FIRST VISIT: \_\_\_\_\_, IF RETURNING CLIENT, HOW LONG SINCE LAST VISIT WITH US: \_\_\_\_\_

### WHAT TYPE OF MASSAGE ARE YOU REQUESTING (please circle one below)

Swedish (Relaxation)\*Deep Tissue/Therapeutic(deeper muscle work)\*Pregnancy Massage\*Hot Stone Massage\*Reflexology  
SPA package including Massage

Areas of pain/tension: \_\_\_\_\_  
Areas to be avoided: \_\_\_\_\_

- The massage therapist **will not** perform breast massage on female clients without written consent of the client prior to the massage session.
- Draping will be used doing massage session – only the area being worked on will be uncovered.
- Clients under 17 years old **MUST BE** accompanied by a parent of legal guardian during the entire session.

If uncomfortable for any reason the client (or therapist) may ask to end the massage session, and the session will be ended.

I, \_\_\_\_\_ (print name) understand that the massage I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the therapist so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor or other qualified medical specialist for any mental or physical ailment that I am aware of. I understand that massage therapists are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage should not be performed under certain medical conditions, I affirm that I have stated all my known conditions, and answered all questions honestly. I agree to keep the therapist updated as to any changes in my medical profile and understand that there shall be no liability on the therapist's part should I fail to do so.

CLIENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**PLEASE DO NOT WRITE BELOW THIS LINE**

### **TO BE COMPLETED ONLY BY THE THERAPIST:**

Type of massage techniques to be implemented: \_\_\_\_\_  
Part of the body to be massaged (Including indications and contraindications): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

THERAPIST SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Name \_\_\_\_\_ DOB: \_\_\_\_\_

The following information will be used to help plan safe and effective massage sessions. Please answer the questions to the BEST of you knowledge.

Have you had a professional massage before? \_\_\_\_\_YES \_\_\_\_\_NO

Do you have any difficulty lying on your front, back or side? \_\_\_\_\_YES \_\_\_\_\_NO

Do you have allergies to oils, lotions, or ointments? \_\_\_\_\_YES \_\_\_\_\_NO

Do you have sensitive skin? \_\_\_\_\_YES \_\_\_\_\_NO

Are you wearing contact lenses \_\_\_\_\_, dentures \_\_\_\_\_, a hearing aid \_\_\_\_\_?

What is your daily routine? \_\_\_\_\_

Do you perform any repetitive movements throughout the day? \_\_\_\_\_

Do you feel you experience stress throughout the day? \_\_\_\_\_

Where are you experiencing discomfort, tension, of stiffness? \_\_\_\_\_

Do you have a particular goal in mind for this massage session? \_\_\_\_\_

Are you currently under medical supervision? \_\_\_\_\_YES \_\_\_\_\_NO

Are you pregnant? \_\_\_\_\_YES \_\_\_\_\_NO, IF YES, how far along are you? \_\_\_\_\_

Have you had any Medical changes since your last visit to our office? \_\_\_\_\_YES \_\_\_\_\_NO, IF YES, please list below any changes to health or medication that you have.

\_\_\_\_\_  
\_\_\_\_\_

**Please check any condition listed below that applies to you:**

- contagious skin condition
- open sores or wounds
- easy bruising
- recent accident, injury, fracture, surgery
- artificial joints
- sprains/strains
- current fever
- swollen glands
- allergies/sensitivity
- heart condition
- high/low blood pressure
- circulatory disorders
- varicose veins
- atherosclerosis
- phlebitis
- deep vein thrombosis/ blood clots
- joint disorder/rheumatoid arthritis/osteoarthritis/tendonitis
- osteoporosis
- epilepsy
- headaches/migraines
- cancer
- diabetes
- decreased sensation/numbness
- back/neck problems
- fibromyalgia
- TMJ
- carpal tunnel syndrome
- tennis elbow

\_\_\_\_\_  
Client signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Technician Signature

\_\_\_\_\_  
Date